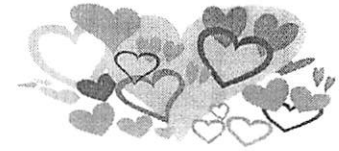


# FEBRUARY 2018



Dark green salad w/carrots & tomatoes OR Raw Vegetables (broccoli, carrots, cauliflower & red peppers) offered daily.



MENU SUBJECT TO CHANGE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST MENU	Whole grain cereal 2x Fruit Milk	Biscuit 2x Fruit Milk	PB&J sandwich 2x Fruit Milk	English Muffin 2x Fruit Milk	Yogurt Parfait Fruit Milk	
28	29 Beef Nachos Salsa Spanish Rice Fruit Milk	30 Chicken Alfredo WW Roll Savory Carrots Dark Green Salad Fruit Milk	31 Pork Stir Fry Rice Pilaf Dark Green Salad Fruit Milk	1 Chicken & Cheese Quesadilla Salsa Refried Beans Fruit Milk	2 Chicken Strips WW Roll Veggie Beans Fruit Milk	3
4	5 Hamburger on WW bun w/fixings Veggie Beans Fruit Milk	6 Cheese Pizza Sweet Potato Fries Dark Green Salad Fruit Milk	7 Chicken Strips WW Roll Potato Wedges Fruit Milk	8 Chef Salad w/cheese & diced chicken Sun Chips Fruit Milk	9 Chicken & Cheese Quesadilla Salsa Refried Beans Fruit Milk	10
11	12 LINCOLN'S BIRTHDAY  NO SCHOOL	13 Pork Chili Verde WW Tortilla Spanish Rice Refried Beans Fruit Milk	14 Chicken Alfredo WW Roll Savory Carrots Fruit Milk	15 Roasted Chicken WW Roll Mashed Potatoes & Gravy Fruit Milk	16 Chili w/Beans Tortilla Chips Cucumbers Dark Green Salad Fruit Milk	17
18	19 PRESIDENT'S DAY  NO SCHOOL	20 Beef Nachos Salsa Spanish Rice Fruit Milk	21 Pizzarito Salsa Corn Fruit Milk	22 Chicken Strips WW Roll Veggie Beans Fruit Milk	23 Chef Salad w/diced chicken & cheese Sun Chips Fruit Milk	24
25	26 Scrambled Eggs Pancakes w/syrup Sweet Potato Fries Fruit Milk	27 Spaghetti w/meat sauce WW Roll Dark Green Salad Fruit Milk	28 Beef Stroganoff WW Roll Savory Carrots Fruit Milk	1 Turkey Taco Salad Tortilla Chips Black Beans Salsa Fruit Milk	2 Chicken Strips WW Roll Veggie Beans Fruit Milk	3